

FOOD MENU

BREAKFAST SERVED TILL 12

The most important send of the day!

SOURDOUGH TOAST (V) (VGO) (GFO) £2.20

Two slices of sourdough bread, served with butter or vegan spread

Jam, peanut butter, honey or Marmite. £1.00

BACON BUTTY (GFO) (VGO) £5.00

Caversham butcher's smoked back bacon OR Vegan bacon in between two slices of toasted sourdough

HOMEMADE BEANS ON TOAST (V) (VGO) £4.75

Baked beans on sourdough toast.

Add grated cheddar cheese or fried hallumi £2.00

Add bacon £2.00

SHROOMS ON TOAST (V) (VGO) £5.00

Garlic mushrooms on sourdough toast

PANUZZOS SERVED FROM 12

Meet the Panuzzo: a flavourful pizza sandwich made with our signature homemade sourdough from British flour. Swap to a GF panini on request.

AUBERGINE PARMIGIANA (VGO) (GFO) £7.45

Roasted aubergine, marinara sauce, mozzarella, parmesan, garlic oil, basil & rocket

FETA SUNBURST (VG)(GFO) £7.45

Vegan feta, sun-dried tomatoes, roasted red pepper, aioli, garlic oil & rocket

CAPRESE PARMA (VO)(GFO) £7.95

Parma ham, cherry vine tomatoes, fresh mozzarella, basil, garlic oil, balsamic glaze & rocket

SUMMER SALADS

SUPER SALAD (VG)(N)(GF) £6.50

Seasonal salad leaves, grated carrot, cherry vine tomatoes, cucumber, radish, flaked almonds, pumpkin seeds, pesto drizzle & balsamic glaze

EXTRAS

Add fried hallumi, Fresh Mozzarella, £2.00
Vegan Feta or Parma Ham

DELI FRIDGE

Our deli fridge is filled with a selection of cakes, pasties, sandwiches, and fresh seasonal salads that change regularly, so make sure to check today's offering.

SOURDOUGH PIZZA SERVED FROM 12

Our talented kitchen crew whips up each pizza from scratch, using our in-house sourdough made with the finest British flour, ensuring a tantalizingly tasty crust. Vegan Cheese available.

Small Large

MARGHERITA (V) (VGO) £6.50 £9.50

HALLOUMI & HOT HONEY (V) £8.00 £11.00

SALAMI & ROCKET £8.50 £11.50

Marinara sauce, mozzarella, basil & Milano salami

Add jalapenos £1.00

ROASTED VEG (V) (VGO) £8.00 £11.00

Marinara sauce, mozzarella, aubergine, red pepper, red onion & basil

CHEESY GARLIC BREAD (V) (VGO) £6.00 £9.00

Mozzarella, garlic butter & finely chopped parsley.

DOUGHBALLS £5.00 £7.00

8 or 12 hand rolled dough balls served with homemade garlic butter (VG)

EXTRAS

DIPS - Garlic butter (VG), Sriracha mayo £1.50
(VG), Garlic aioli (VG), Hot Honey (V)

EXTRA TOPPINGS

VEG - Mushroom, sun-dried tomato, bell pepper, jalapenos £1.00

CHEESE - Mature cheddar, mozzarella, halloumi, vegan feta £2.00

MEAT - Ham, Salami, bacon or vegan bacon £2.00

GRILLED TOASTIE

Indulge in our freshly made toasties on sourdough bread. Customizable to be VG & GF upon request, with an optional side salad.

CLASSIC CHEESE TOASTIE (V) (VGO) (GFO) £5.50

Mature cheddar cheese & mozzarella

HAM & CHEESE TOASTIE (GFO) £6.50

House Roasted Ham, Sliced Cheddar & Grated Mozzarella

CUBAN TOASTIE (GFO) £7.00

House Roasted Ham, Sliced Cheddar, Grated Mozzarella, Mustard & Homemade Dill Pickles

PESTO TOASTIE (V)(VGO)(GFO) £6.50

Pesto, mozzarella & sundried tomato

DRINKS MENU

HOT DRINKS

Made using our exclusive blend 'Wake me up before you dyno' by Neighbourhood Coffee

DOUBLE ESPRESSO	£2.40
MACCHIATO/CORTADO	£2.50
AMERICANO	£2.60
CAPPUCCINO	£3.20
LATTE	£3.20
MOCHA	£3.40
FLAT WHITE	£3.00
HOT CHOCOLATE	£3.00
KIDS HOT CHOCOLATE	£2.20
ADD SYRUP	
Caramel, Vanilla, Hazelnut	£1.00
TEA	£1.60
DECAF TEA	£1.60
HERBAL TEA	£2.00
Please ask our team for today's flavour offerings	

SUMMER DRINKS

Refresh with our homemade summer drinks, made from fresh ingredients and a hint of sweetness. It's the ideal way to stay hydrated and energized during your climbing session.

RASPBERRY LEMONADE	£2.85
ICED TEA	£2.85
ICED LATTE	£3.40

THE
**CLIMBING
HANGAR** 

COLD DRINKS

KARMA CAN 250ml	£2.00
Cola, Cola (sugar free), lemony, Gingerella or Razza raspberry lemonade	
CAWSTON PRESS	£1.90
Apple, Orange, Rhubarb, Elderflower	
CAWSTON PRESS CARTON	£1.90
Summer Fruits or Apple & Pear	
TENZING 250ml	£2.50
Original, Raspberry & Yuzu, Lime & Mint	
TENZING 300ml	£3.20
Blackberry & Acai, Pineapple & Passionfruit, Apple & Seaberry	
REMEDY KOMBUCHA 250ml	£2.90
Cherry & Plum, Peach	
DASH WATER 330ml	£1.90
Raspberry, Blackcurrant, Mango	

SMOOTHIES

All our smoothies are blended with apple juice. Add unflavoured whey protein or vegan vanilla protein for £1.50.

BERRY GO ROUND	£3.75
Whole blackberries, raspberries and strawberries blended with apple juice	
BIG 5	£3.75
Pineapple, mango, kiwi and strawberries blended with the fifth ingredient: apple juice	
BLUEBERRY THRILL	£3.75
Blueberries, raspberries, banana and flaxseeds blended with apple juice	
BREAKFAST SMOOTHIE	£3.75
Gluten free rolled oats, flax seeds, blueberry, raspberry and banana, blended with apple juice	

MILKSHAKES

Made to order, perfectly thick and creamy milkshake. Add unflavoured whey protein or vegan vanilla protein for £1.50

LIVIN LA VIDA COCOA	£4.25
STRAWBERRY GLORY	£4.25
TOP BANANA	£4.25

BEER

TAKE A LOOK IN OUR DRINKS & DELI FRIDGE FOR A WIDE RANGE OF LOCAL AND SUSTAINABLY MADE BEERS