

# FOOD MENU

## BREAKFAST SERVED TILL 12

The most important send of the day!

**SOURDOUGH TOAST (V) (VGO) (GFO)** £2.20  
Two slices of sourdough bread, served with butter or vegan spread

**BAGEL (V)(VGO)** £2.00  
Lightly toasted bagel, served with butter or vegan spread.

**ADD**  
Jam, Peanut Butter, Marmite or Cream cheese £1.00

**SCRAMBLED EGGS ON TOAST/BAGEL (V) (GFO)** £5.00  
Perfectly made, seasoned with a pinch of salt & pepper.

**TOPPED PORRIDGE (V)(VG)** £3.50  
**Plain Porridge**  
Served with honey or maple syrup.

**ADD**  
Banana flakes, chocolate chips or cinnamon brown sugar. £0.50  
Peanut butter, Nutella. £1.00

## GRILLED TOASTIE

Indulge in our freshly made toasties on malted bread. Customizable to be VG & GF upon request, with an optional side salad.

**CLASSIC CHEESE TOASTIE (V)(VGO)(GFO)** £5.50  
Mature cheddar cheese.

**ADD**  
Caramelised onion chutney £1.00

**HAM & CHEESE TOASTIE (GFO)** £6.00  
Smoked sliced ham & cheddar cheese.

**BBQ PULLED PORK (GFO)** £7.00  
Slow cooked bbq pulled pork and mature cheddar.

**ADD**  
Jalapenos £1.00

**GREEN GODDESS (V)(VGO)(GFO)** £6.50  
Supergreen pesto, kale, vegan feta, tahini, kalamata olives.

## PANUZZOS SERVED FROM 12

Meet the Panuzzo: a flavourful pizza sandwich made with our signature homemade sourdough from British flour.

**HOT HOG (GFO)** £7.95  
Chorizo, garlic oil, ricotta, hot honey, roasted squash, rocket

**MEATBALL MELT (V)(VGO)** £7.95  
Vg meatballs, garlic oil, aioli, basil, marinara sauce, mozzarella, rocket.

**ROASTED WINTER VEG (VG)(GFO)** £7.45  
Roasted squash, mushroom, spinach, vegan feta finished with tahini dressing & rocket.

## SOURDOUGH PIZZA SERVED FROM 12

Our skilled kitchen team crafts each pizza from scratch, featuring a flavourful sourdough crust made with locally renowned Sourdoso's dough. Vegan cheese is also available.

	Small	Large
<b>MARGHERITA (V)(VGO)</b>	£6.50	£9.50

<b>HALLOUMI &amp; HOT HONEY (V)</b>	£8.00	£11.00
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<b>CHORIZO</b>	£8.50	£11.50
Marinara sauce, mozzarella, basil & Chorizo. <i>Goes great with Jalapenos!</i>		

<b>FUNGI (V)(VGO)</b>	£8.00	£11.00
Marinara sauce, mushroom, truffle oil, kalamata olive, sliced garlic and mozzarella. <i>Add Ham to make it our Staff Favourite!</i>		

<b>SPINACH &amp; RICOTTA (V)</b>	£8.00	£11.00
Marinara sauce, fresh spinach, ricotta and mozzarella.		

<b>CARAMELISED ONION, FETA &amp; BALSAMIC (V)(VGO)</b>	£8.00	£11.00
Marinara sauce, caramelised onion, crumbled feta, mozzarella and balsamic glaze.		

<b>DOUGHBALLS (VG)</b>	£5.00	£7.00
8 or 12 hand rolled dough balls served with homemade garlic butter		

**EXTRAS**

<b>DIPS</b>	£1.50
Garlic butter, aioli, supergreen pesto (VG)	
<b>EXTRA TOPPINGS</b>	
VEG - Kale, squash, caramelised onion, kalamata olives, spinach, jalapeno.	£1.00
MEAT - Ham, Chorizo, Pulled Pork, Vegan Meatballs.	£2.00
CHEESE - Halloumi, ricotta, vegan feta.	£2.00

## WINTER BOWLS & SIDES

SERVED FROM 12

Always packed with fresh seasonal ingredients.

<b>WINTER SUPER SALAD (VG)(N)</b>	£6.50
Seasonal salad leaves, grated carrot, kale, squash, cranberries, walnuts, pumpkin seeds, tahini dressing.	

**ADD**  
Halloumi, Feta/VG £2.00

<b>HOMEMADE HANGAR DHAL (GFO)(VG)</b>	£6.50
Protein filled lentil dahl served with flat bread. Perfect post climb refuel.	

<b>HEARTY HOMEMADE SOUP (VG)(VGO)</b>	£5.00
served with bread & butter. Please see specials for today's offering.	

**ADD**  
Cheese toastie (V)(VG)(GFO) £3.00

## DELI FRIDGE

Our deli fridge is filled with a selection of cakes, pasties, sandwiches, and fresh seasonal salads that change regularly, so make sure to check today's offering.

# DRINKS MENU

## HOT DRINKS

Made using our exclusive blend 'Wake me up before you dyno' by Neighbourhood Coffee

<b>DOUBLE ESPRESSO</b>	£2.40
<b>MACCHIATO/CORTADO</b>	£2.50
<b>AMERICANO</b>	£2.60
<b>CAPPUCCINO</b>	£3.20
<b>LATTE</b>	£3.20
<b>MOCHA</b>	£3.40
<b>FLAT WHITE</b>	£3.00
<b>HOT CHOCOLATE</b>	£3.00
<b>KIDS HOT CHOCOLATE</b>	£2.20
<b>ADD SYRUP</b>	
Caramel, Vanilla, Hazelnut	£1.00
<b>TEA</b>	£1.60
<b>DECAF TEA</b>	£1.60
<b>HERBAL TEA</b>	£2.00

Please ask our team for today's flavour offerings

## BEER

TAKE A LOOK IN OUR DRINKS FRIDGE FOR A WIDE RANGE OF LOCAL AND SUSTAINABLY MADE BEERS

THE  
CLIMBING  
HANGAR 

## COLD DRINKS

<b>KARMA CAN</b> 250ml Cola, Lemony, Gingerella or Razza raspberry lemonade	£2.00
<b>CAWSTON PRESS</b> Apple, Orange, Rhubarb, Elderflower	£1.90
<b>CAWSTON PRESS CARTON</b> Summer Fruits or Apple & Pear	£1.90
<b>TENZING</b> 250ml Original, Raspberry & Yuzu.	£2.90
<b>TENZING</b> 300ml Blackberry & Acai, Pineapple & Passionfruit, Apple & Seaberry, Lime & Mint.	£3.20
<b>REMEDY KOMBUCHA</b> 250ml Cherry & Plum, Peach	£2.90
<b>DASH WATER</b> 330ml Raspberry, Blackcurrant	£1.90

## SMOOTHIES

All our smoothies are blended with apple juice.  
Add whey or vegan protein for £1.50.

<b>AVO GO-GO</b> Creamy blend of avocado, broccoli, spinach, mango, coconut, ginger and lime	£3.75
<b>BIG 5</b> Pineapple, mango, kiwi and strawberries blend- ed with the fifth ingredient: apple juice	£3.75
<b>BLUEBERRY THRILL</b> Blueberries, raspberries, banana and flaxseeds blended with apple juice	£3.75
<b>PASH 'N' SHOOT</b> Passion fruit, pineapple and mango blended with apple juice	£3.75
<b>YARDE FARM ICE CREAM MINI TUBS</b>	£2.50

## WINTER DRINKS

Seasonal favourites that give all the cosy feels and our favourite preclimb warm up.

<b>PUMPKIN SPICE LATTE</b>	£4.20
<b>GINGERBREAD LATTE</b>	£4.20
<b>CHAI LATTE</b>	£4.20

Served with optional cream and cinnamon dusting.

All our winter specials can be served hot or iced. We wont judge.